

SEASON	SPORT	TEAM	GRADE	TRY-OUTS DATES	SEASON DATES	TEAM SIZE	TRAINING DAYS	TOURNAMENT(S)	ESTIMATED COST
1	VOLLEYBALL	HS BOYS HS GIRLS	9,10,11&12	Sept 14 - 20	Sept 14 - Oct 31	14 Boys 14 Girls	GIRLS Monday, 3:30 PM-5:00 PM Thursday, 3:30 PM - 5:00 PM BOYS Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM	PRC Exchange - Sept 12 PRC Tournament - Oct 17 SISAC Play-offs (Top 4) - Oct 19 ACAMIS - Oct 29 - 31	2500 RMB
1	X COUNTRY	MS/HS MIXED	6,7,8,9,10,11&12	No Try-out	Sept 14 - Nov 8	No maximum	Tuesday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM	PRC Invitational - Nov 4 SISAC Invitational - Nov 6	No Cost
2	BASKETBALL	HS BOYS HS GIRLS	9,10,11&12		Nov 2 - Jan 25	14 Boys 14 Girls	Monday, 3:30 PM-5:00 PM Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM	PRC Exchange - Nov 21 PRC Tournament - Dec 12 ACAMIS - Jan 21 - 23 SISAC Play-offs (Top 4) - Jan 25	2500 RMB
3	FOOTBALL	HS BOYS HS GIRLS	9,10,11&12		Jan 25 - Apr 25	14 Boys 14 Girls	GIRLS Monday, 3:30 PM - 5:00 PM Tuesday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM BOYS Monday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM	PRC Exchange - Mar 20 PRC Tournament - Apr 17 SISAC Play-offs (Top 4) - Apr 19 ACAMIS - Apr 22 - 24	2500 RMB
3	BADMINTON	HS MIXED	9,10,11&12		Feb 1 - Apr 18	14 Boys 14 Girls	Tuesday, 11:30 AM - 12:20 PM Thursday, 11:30 AM - 12:20 PM	SISAC Invitational - Mar 13 (TBC) PRC Invitational - Mar 27 ACAMIS - Apr 16-17	TBC
3	TRACK & FIELD	WS 11+ MIXED	6,7,8,9,10,11&12		Mar 1 - Apr 25	No maximum	Tuesday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM	SISAC Invitational - Mar 26 PRC Invitational - Apr 24 SISAC Tournament - May 22	No Cost