

SEASON	SPORT	TEAM	GRADE	TRY-OUTS DATES	SEASON DATES	TEAM SIZE	TRAINING DAYS	TOURNAMENT(S)	ESTIMATED COST
1	FOOTBALL	MS GIRLS MS BOYS	6,7&8	Sept 14 - 20	Sept 14 - Oct 31	14 Girls 14 Boys	<b>GIRLS</b> Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM <b>BOYS</b> Monday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM	<del>PRC Exchange - Sept 19</del> PRC Tournament - Oct 17 <del>SISAC Play-offs (Top 4) - Oct 22</del>	No Cost
1	X COUNTRY	MS/HS MIXED	6,7,8,9,10,11&12	No Try-out	Sept 14 - Nov 8	No maximum	Tuesday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM	PRC Invitational - Nov 4 SISAC Invitational - Nov 6	No Cost
1	BADMINTON	MS MIXED	6,7&8		Sept 14 - Nov 1	14 Boys 14 Girls	Tuesday, 11:30 AM - 12:20 PM Thursday, 11:30 AM - 12:20 PM	SISAC Invitational - Oct 24 PRC Invitational - Oct 31	No Cost
2	TOUCH RUGBY	MS GIRLS MS BOYS	6,7&8		Nov 2 - Dec 13	14 Boys 14 Girls	Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM	PRC Exchange - Nov 14 PRC Tournament - Nov 28 SISAC Play-offs (Top 4) - Dec 10	No Cost
2	VOLLEYBALL	MS GIRLS MS BOYS	6,7&8		Jan 4 - Mar 7	14 Boys 14 Girls	<b>GIRLS</b> Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM <b>BOYS</b> Monday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM"	PRC Exchange - Jan 16 SISAC Play-offs (Top 4) - Mar 4 PRC Tournament - Mar 6	No Cost
3	BASKETBALL	MS BOYS MS GIRLS	6,7&8		Mar 8 - May 16	14 Boys 14 Girls	<b>GIRLS</b> Tuesday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM <b>BOYS</b> Monday, 3:30 PM - 5:00 PM Thursday, 3:30 PM - 5:00 PM"	PRC Exchange - Mar 27 SISAC Play-offs (Top 4) - May 10 PRC Tournament - May 15	No Cost
3	TRACK & FIELD	WS 11+ MIXED	6,7,8,9,10,11&12		Mar 1 - Apr 25	No maximum	Tuesday, 3:30 PM - 5:00 PM Friday, 3:30 PM - 5:00 PM	SISAC Invitational - Mar 26 PRC Invitational - Apr 24 SISAC Tournament - May 22	No Cost