



ISNS

INTERNATIONAL SCHOOL
OF NANSHAN SHENZHEN

深圳市南山外籍人员子女学校

2025-26 Semester One

Extra Curricular Activities

Information Booklet
课后活动 信息手册



Early Year Creation Club 幼儿创意俱乐部

The children are provided with big Lego, small Lego, blocks and other kinds of construction resources. They will create anything they want by using their imagination. They will learn how to socialize collaborate, share and communicate with others.

此俱乐部为孩子们提供大乐高、小乐高、积木等各种搭建资源。他们会用他们的想象力创造任何他们想要的东西。他们将学习如何社交、合作、分享和与他人沟通。

Instructor	负责老师	• Anna Wang • Jan Huang • Ziya Waris
Grade	适合年级	• K3
Time	上课时间	• Friday 周五 • 3:30-4:30PM



EY Creative Art Club

幼儿创意艺术俱乐部

In our EY creative art class, young artists explore their imagination through a variety of hands-on activities that inspire self-expression and creativity. From painting and drawing to crafting and singing, children are encouraged to experiment with different materials. Our supportive environment fosters collaboration and allows each child to share their unique perspective, helping to build confidence and develop fine motor skills. Through creative art, students not only enhance their artistic abilities but also learn to appreciate the beauty of diverse expressions and ideas.

在我们的幼儿创意艺术俱乐部，小小艺术家们通过各种激发自我表达和创造力的实践活动来探索他们的想象力。从绘画到手工制作和唱歌，孩子们被鼓励尝试不同的材料。我们的支持性环境促进合作，并允许每个孩子分享他们独特的观点，帮助建立信心和发展精细运动技能。通过创意艺术，学生不仅提高了他们的艺术能力，还学会了欣赏不同表达和思想的美。

Instructor	负责老师	• Kim Kyoung Eun • Putri Wanna • Maggie Huang
Grade	适合年级	• K3-K4
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Creative Letter Seeds Club

创意字母种子俱乐部

Welcome to Creative Letter Seeds, where letters ignite joy! Through engaging games, songs, and interactive activities, students' journey from letters to words, sowing seeds of creativity and expressing themselves through drawing and writing.

At Creative Letter Seeds, we believe:

Learning Through Play: Letter learning is full of fun!

Letters Set Sail: Each letter unlocks a world of imagination.

Artistic Expression: Art is a child's true voice.

欢迎加入创意字母种子俱乐部，在这里用字母点燃喜悦！通过参与游戏、歌曲和互动活动，学生们从字母到文字的旅程，播种创造力的种子，并通过绘画和写作表达自己。

Instructor	负责老师	• Yimmy Cai • Ariel Shi
Grade	适合年级	• K4-K5
Time	上课时间	• Monday 周一 • 3:30-4:30PM



EY Outdoor Club

幼儿户外俱乐部

Inspired by the principles of Forest School, students will explore and inquire about the wonders of the great outdoors. Along the way, they will develop hands-on skills, deepen their connection with nature, and build confidence through guided outdoor learning adventures.

受森林学校原则的启发，学生将探索和询问伟大的户外奇观。他们将发展动手技能，加深与自然的联系，并通过引导户外学习冒险建立信心。

Instructor	负责老师	• Michael Lattimore • Mariel Rommeswinkel • Jamila Lago
Grade	适合年级	• K4-K5
Time	上课时间	• Friday 周五 • 3:30-4:30PM



Early Years Reading Club

幼儿阅读俱乐部

At our Early Years Reading Club, we believe that reading is a gateway to endless possibilities. We strive to foster a love for books in our young readers, nurturing their curiosity and laying the foundation for a lifelong passion for reading. This club also intertwines the joy of crafting with the wonders of literature. This club is great for students who love to read stories and make crafts.

在幼儿阅读俱乐部，我们相信阅读是通往无限可能性的门户。我们努力培养年轻读者对书籍的热爱，培养他们的好奇心，为终身热爱阅读奠定基础。这个俱乐部还将手工制作的乐趣与文学的奇迹交织在一起。这个俱乐部对于喜欢读故事和做工艺品的学生来说是很棒的选择。

Instructor	负责老师	• Natalie Chan • Rose Koini
Grade	适合年级	• K4-K5
Time	上课时间	• Friday 周五 • 3:30-4:30PM



English Handwriting Heroes 英文书写俱乐部

This program is designed to practice and enhance students' English handwriting skills through engaging activities. Students will focus on improving their letter formation, writing fluency, and overall confidence in writing.

该俱乐部旨在通过参与活动来练习和提高学生的英语书写技能。学生将专注于提高他们的字母结构，写作流畅性和写作的整体信心。

Instructor	负责老师	• Luna Zhong • Vita Cai • Mandy Lian
Grade	适合年级	• K5
Time	上课时间	• Monday 周一 • 3:30-4:30PM



Rising Leaders 未来领袖

The “Rising Leaders” after-school club is for K5 students who are motivated to engage in community service. Participants will work on school garden projects, learn about sustainability, and plan fun, inclusive activities for the International Day of Play and Children’s Day. These initiative lay the foundation for school service and empower our young leaders to make a positive impact in their community.

“未来领袖”俱乐部是为有动力参与社区服务的K5年级学生而设。学生将参与学校花园项目，学习可持续发展，并为国际游戏日和儿童节策划有趣、包容的活动。这些活动将为学校服务奠定了基础，并使我们的小小领袖能够对他们的社区产生积极的影响。

Instructor	负责老师	• Judy Imamudeen • Ryan Imamudeen • Alisa Tang
Grade	适合年级	• K5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Reading Buddies 阅读伙伴

Reading buddies is a program in which a MYP/DP mentor student is paired with an elementary student from grades 1-2. They will meet each week in the library and spend time reading together. The Reading Buddies program helps model good reading.

阅读伙伴是一个由MYP/DP学生与G1-G2的学生配对并指导他们阅读的项目，他们将每周在图书馆进行阅读，此项目还能帮助树立良好的阅读模范。

Instructor	负责老师	• Scott Chapman • Giselle Chen • Rose Huang
Grade	适合年级	• G1-2
Time	上课时间	• Monday 周一 • 3:30-4:30PM



Chinese Culture & Games Club

中国文化及游戏俱乐部

The Chinese Cultural & Games Club is dedicated in promoting the Chinese culture through various social and entertainment activities that allow students to explore and comprehend the beauty of the culture, the history of China.

中国文化及游戏俱乐部致力于通过多种社交和娱乐活动推广中国文化，使学生能够发掘和理解中国文化和历史之美。

Instructor	负责老师	• Hulda Zhang • Yannis Zhao • Hebe Wang
Grade	适合年级	• G1-2
Time	上课时间	• Monday 周一 • 3:30-4:30PM



PYP Outdoor Club

小学户外俱乐部

Inspired by the principles of Forest School, students will explore and inquire about the wonders of the great outdoors. Along the way, they will develop hands-on skills, deepen their connection with nature, and build confidence through guided outdoor learning adventures.

受森林学校原则的启发，学生将探索和询问伟大的户外奇观。他们将发展动手技能，加深与自然的联系，并通过引导户外学习冒险建立信心。

Instructor	负责老师	• Michael Lattimore • Susan Bivens
Grade	适合年级	• G1-G2
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Fiber Art Club 纤维艺术俱乐部

This is a year-long after-school activity designed to help students build the fine motor skills needed for Fiber Arts, including sewing, knitting, crochet, and embroidery. In the first semester, we teach basic sewing skills for simple projects, while in the second semester, students continue to develop their skills to create more elaborate pieces.

这是一个学年制的课外活动，旨在帮助学生建立纤维艺术所需的精细运动技能，包括缝纫，编织，钩针和刺绣。在第一学期，我们教授简单项目的基本缝纫技巧，而在第二学期，学生们继续发展他们的技能，创造更精致的作品。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Laura Fernandes • Yu Mee Chong • Magic Zhang
Grade	适合年级	• G1-2
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Cooking Club 美食俱乐部

In the Grade 1 Cooking Club, students will explore fun and simple recipes while learning basic cooking skills in a safe and engaging environment. They will measure, mix, and create delicious snacks, fostering independence and creativity in the kitchen. Through hands-on activities, students will also learn about healthy eating and teamwork while enjoying the process of cooking.

在一年级的美食俱乐部，学生们将在一个安全和有趣的环境中探索有趣和简单的食谱，同时学习基本的美食制作技巧。他们将测量、混合和制作美味的小吃，培养厨艺的独立性和创造力。透过实践活动，同学们在享受美食制作的过程中，也会学到健康饮食和团队合作的意识。

Instructor	负责老师	• Andrea Badell • Susan Chopnick • Jenny Huang
Grade	适合年级	• G1
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Junior Robotics Club

初级机器人俱乐部

Explore various robotics and teamwork in the Junior Robotic Club! You'll learn basic coding and dive into the coding world. Work with your team to solve challenges, complete exciting missions, and develop problem-solving skills.

在初级机器人俱乐部探索各种机器人和团队合作！您将学习基本编码并深入编码世界。与你的团队一起解决挑战，完成有趣的任务，并培养解决问题的能力。

Instructor	负责老师	• Huini Xie • Judy Zhou • Kai Mesman-Hallman
Grade	适合年级	• G2
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



English Game Hub 英语游戏坊

English Game Hub is a fun club where we learn English mainly through board games. We practice listening, speaking, and reading while having fun together.

英语游戏坊是一个有趣的俱乐部，我们主要通过棋盘游戏来学习英语。我们在一起玩耍的同时练习听、说、读。

Instructor	负责老师	• Yan Zhang • Iris Li • Harolyn Huang
Grade	适合年级	• G1
Time	上课时间	• Frisday 周五 • 3:30-4:30PM



Chinese Poems Reciting and Writing 中文诗歌诵读与书写

Students learn to recite Chinese poems with feeling and rhythm and are encouraged to try their best to write these Chinese poems nicely.

学生将学习有感情、有节奏地朗诵中文诗歌，并且试着书写这些中文诗歌。

Instructor	负责老师	Fiona Zhang
Grade	适合年级	G1-2
Time	上课时间	- Friday 周五 3:30-4:30PM



Fun English 趣味英语

Students practice English skills from different activities and games, such as spelling, phonics and oral English, etc.

学生将通过不同的活动和游戏练习例如英语的拼写，自然拼读，口语等英语技巧。

Instructor	负责老师	• Lu Luo • Wendy Wang • Damon Li
Grade	适合年级	• G2-3
Time	上课时间	• Friday 周五 • 3:30-4:30PM



Chinese Writing Club 中文写作俱乐部

Cultivate the ability to "dare to write, know how to write, and be happy to write". Through systematic guidance, let children master basic writing methods, such as how to make sentences smooth and how to describe things in order. At the same time, stimulate their observation and imagination of life, so that writing becomes a natural way to record life and express emotions.

培养“敢写、懂写、乐写”的能力。通过系统的指导，让孩子掌握基本的写作方法，比如如何使句子流畅，如何有序地描述事物。同时，激发他们对生活的观察和想象，使写作成为记录生活、表达情感的自然方式。

Instructor	负责老师	Sarah Sun
Grade	适合年级	G3
Time	上课时间	- Monday 周一 3:30-4:30PM



UPYP Yoga and Mindfulness

UPYP瑜伽与正念

The UPYP Yoga and Mindfulness Club provides students with the opportunity to practice yoga and mindfulness in a fun and supportive environment with Ms. Sheena, who has a yoga teacher certificate. Through various poses and breathing exercises, students will learn to focus their minds and bodies, promoting relaxation and self-awareness. Join us for a calming and energizing experience!

UPYP瑜伽与正念俱乐部为学生提供在一个有趣和支持性的环境中练习瑜伽和正念的机会，Sheena老师拥有瑜伽教师证书。通过各种姿势和呼吸练习，学生将学会集中注意力，促进放松和自我意识。加入我们，享受平静和充满活力的体验！

Instructor	负责老师	• Sheena Jiang
Grade	适合年级	• G3-4
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Balanced Learner Club

多元成长俱乐部

Do you want to become a Balanced learner? Join us!

We offer fun and engaging activities to develop your mind, creativity, and communication skills, including:

♟ Chess – Boost your logic and strategy!

✂ Handicrafts (Paper cutting, bracelet making & more) – Unleash your creativity!

📖 English Read-Aloud – Improve pronunciation and confidence!

🎤 Storytelling – Express your ideas in a fun way!

🎮 Guessing Games – Sharpen your quick thinking!...and much more!

Let's learn, create, and grow together!

你想成为一个平衡的学习者吗？加入我们吧！

我们提供有趣和引人入胜的活动来发展你的思维，创造力和沟通技巧，包括：

♟ 国际象棋-提高你的逻辑和策略！

✂ 手工艺品（剪纸，手链制作等）-释放你的创造力！

📖 英语朗读-提高发音和信心！

🎤 讲故事-用有趣的方式表达你的想法！

🎮 猜谜游戏-提高你的快速思维！……还有更多！

让我们共同学习、共同创造、共同成长！

Instructor

负责老师

- Lucy Chen
- Daisy Li

Grade

适合年级

- G3-4

Time

上课时间

- Friday 周五
- 3:30-4:30PM



UPYP Art Club

UPYP艺术俱乐部

This art club for grade 3-5 students offers a creative and supportive environment where students can explore various art forms, learn fundamental techniques, and express themselves through painting, drawing, and sculpture.

这个艺术俱乐部为3-5年级的学生提供了一个创造性和支持性的环境，学生可以在这里探索各种艺术形式，学习基本技巧，并通过绘画、素描和雕塑来表达自己。

Instructor	负责老师	• Daniel van Aswegen • Clifford van Aswegen • Stefan Adamovic
Grade	适合年级	• G3-5
Time	上课时间	• Monday 周一 • 3:30-4:30PM



UPYP Art Club 2

UPYP艺术俱乐部 2组

Students work on collaborative art projects that include painting, collaging, fibre arts, calligraphy and 3-D. Students may also work on their own artwork and get additional assistance.

学生们的合作艺术项目包括绘画、拼贴、纤维艺术、书法和3D。学生也可以创作自己的艺术作品，并得到额外的帮助。

Instructor	负责老师	• Monica Ramakers • Tiffany Trujillo
Grade	适合年级	• G3-5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Primary French Club (Advanced) 小学中级法语俱乐部

Join our Advanced French Club every Monday from 3:30 to 4:30 PM and deepen your immersion in the French language! This club is tailored for students who have completed at least one semester of French. Throughout the year, participants will expand their vocabulary across various themes and delve into the richness of French culture.

Engage in a diverse range of activities designed to reinforce vocabulary through interactive exercises and written materials. We will explore different facets of French culture, including art, cuisine, and music.

This club is primarily for Grade 4 and Grade 5 students who attended French classes last semester. We can't wait to see you there!

每周一下午3:30 - 4:30加入我们的中级法语俱乐部，加深您对法语的沉浸感！这个俱乐部是为至少学过一个学期法语的学生量身定做的。在这一年中，参与者将在不同的主题中扩展他们的词汇量，并深入研究丰富的法国文化。参与各种旨在通过互动练习和书面材料加强词汇量的活动。我们将探索法国文化的不同方面，包括艺术、美食和音乐。这个俱乐部主要是为上学期上过法语课的四年级和五年级的学生开设的。我们迫不及待地想在那里见到你！

Instructor	负责老师	• Sebastien Creton • Mildred Murule
Grade	适合年级	• G4-5
Time	上课时间	• Monday 周一 • 3:30-4:30PM



Primary French Club (Beginner)

小学初级法语俱乐部

Join our French Club for beginners every Tuesday from 3:30 to 4:30 PM and immerse yourself in the French language! This club is designed for students who are new to French, where they will learn essential vocabulary, including self-introductions, numbers, colors, and more throughout the year.

Participants will engage in a variety of activities that reinforce their vocabulary through interactive exercises and written materials. We will also explore different aspects of French culture, such as art, cuisine, and music.

This club is primarily for Grade 3 students, but Grade 4 and Grade 5 students are welcome to join if they did not attend French classes last semester. We look forward to seeing you there!

每周二下午3:30 - 4:30加入我们的小学初级法语俱乐部，让自己沉浸在法语中！这个俱乐部是为初学法语的学生设计的，在那里他们将学习基本的词汇，包括自我介绍、数字、颜色等。

参与者将参与各种活动，通过互动练习和书面材料来加强他们的词汇量。我们还将探索法国文化的不同方面，如艺术、美食和音乐。

本俱乐部主要面向三年级学生，但欢迎上学期没有上过法语课的四年级和五年级学生加入。我们期待你们的加入！

Instructor	负责老师	• Sebastien Creton • Michelle Zhang
Grade	适合年级	• G3-5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Creative Journals Club

创意手帐日记俱乐部

The Creative Journals Club is a relaxing, hands-on after-school activity that combines the art of scrapbooking with personal diary writing. Each session allows learners to creatively express themselves through decorative pages, themed journals, and reflective writing. While the focus is on enjoying a calm, expressive atmosphere, students will also have the opportunities to explore basic AI tools that enhance their writing and check grammar, introduced in a light, age-appropriate manner. This club encourages mindfulness, creativity, and self-expression through both design and storytelling.

创意手帐日记俱乐部是一个轻松的动手课外活动，将剪贴簿艺术与个人日记写作结合起来。每节课都允许学习者通过装饰页、主题日志和反思性写作创造性地表达自己。本俱乐部旨在创造享受平静，富有表现力的氛围，同时学生也将有机会探索基本的人工智能工具，以轻松，适合年龄的方式介绍，提高他们的写作和检查语法。这个俱乐部通过设计和讲故事来鼓励正念、创造力和自我表达。

Instructor	负责老师	• Gloria Huang • Daisy Yang
Grade	适合年级	• G3-5
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Twist and Create Club

扭扭棒手工俱乐部

Welcome to the Twist and Create Club, where imagination meets craftsmanship! Our club is dedicated to exploring the art of creative expression through pipe cleaners and other fun materials. Whether you're a seasoned artist or a curious beginner, we invite you to join us in crafting unique projects that inspire joy and innovation.

In our gatherings, you'll have the opportunity to learn new techniques, share ideas, and collaborate with fellow members. From whimsical sculptures to colorful embellishments, the possibilities are endless. Let's twist our ideas into reality and create beautiful works of art together!

欢迎来到扭扭棒手工俱乐部，在这里想象力与工艺相遇！我们的俱乐部致力于通过烟斗清洁器和其他有趣的材料探索创造性表达的艺术。无论您是经验丰富的艺术家还是好奇的初学者，我们都邀请您加入我们，共同制作激发快乐和创新的独特项目。

在我们的俱乐部，您将有机会学习新技术，分享想法，并与其他成员合作。从异想天开的雕塑到丰富多彩的装饰，可能性是无穷无尽的。让我们一起把想法变成现实，一起创造美丽的艺术作品！

Instructor	负责老师	- Ivy Liu - Liana Li
Grade	适合年级	G4-8
Time	上课时间	- Monday 周一 3:30-4:30PM



Club Marty 机器人俱乐部

Discover the exciting world of coding and creative expression in Club Marty, a creative STEM-focused club incorporating Marty the Coding Robot and music. Join us as your team creates a music video starring Marty the Robot. You'll choose the music, code the dance, and shoot & edit the music video. Final videos will be submitted to the Global Marty Challenge competition in Hong Kong!

快来机器人俱乐部中发现令人兴奋的编码和创造性表达的世界，这是一个创造性的科创俱乐部，结合了编程机器人Marty和音乐。加入我们，你的团队将制作一部由机器人Marty主演的音乐视频。你将选择音乐、编程舞蹈，并拍摄和编辑音乐视频。最终的视频将提交给香港的全球Marty挑战赛！

Instructor	负责老师	• Yvonne Xiao • Marc Sommerville, • Tricia Calhoon
Grade	适合年级	• G4-5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Storytelling Club 讲故事俱乐部

This club teaches students effective storytelling using the Hear, Map, Step, and Speak method. After retelling well-known stories and inventing their own stories they will give each other reflective feedback. The storytelling club is great for students who would like more opportunities to improve their public speaking abilities.

讲故事俱乐部用聆听、思维导图、步骤、复述的方法教学生讲故事。在复述了大家熟知的故事并创造了自己的故事之后，他们会给对方反思性的反馈。讲故事俱乐部对于那些想要更多机会来提高演讲能力的学生来说是一个很好的选择。

Instructor	负责老师	• An Chan • Henrietta Richardson
Grade	适合年级	• G4-5
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Paper Cutting Club 剪纸俱乐部

Students will work on different types of paper-cutting that include Chinese paper-cutting (jianzhi) and other paper art crafts.

学生将参与不同的剪纸活动包括中国的剪纸技术和其他纸类的艺术手工制作。

Instructor	负责老师	• Mimi Liu • Danielle Jin • Peggy Pan
Grade	适合年级	• G4-5
Time	上课时间	• Friday 周五 • 3:30-4:30PM



PYP VEXGo Robotics

PYP VEXGo机器人

Explore robotics and teamwork in the VEXGo Club! Join us as you design, build, and program robots using VEXGo kits. Work with your team to solve challenges, complete exciting missions, and develop problem-solving skills. Let's engineer the future - one robot at a time!

一起来VEXGo机器人俱乐部探索机器人和团队合作！加入我们，使用VEXGo套件设计、构建和编程机器人。与你的团队一起解决挑战，完成有趣的任务，并培养解决问题的能力。让我们一起用机器人设计未来！

Instructor	负责老师	• Emily Morris • Ariya Teng • Bryan Fradgley
Grade	适合年级	• G5
Time	上课时间	• Friday 周五 • 3:30-4:30PM



Lower MYP Digital Art Club

数字艺术俱乐部

In this club, students will learn the basics of Digital Art by practicing with Procreate. They will discover methods for creating various types of illustrations, such as character design, digital collage, sketching, and digital portraits. This club provides a supportive environment for students to enhance their digital art skills and showcase their creativity.

在这个俱乐部里，学生们将通过与Procreate一起练习来学习数字艺术的基础知识。他们将发现创建各种类型的插图，如人物设计，数字拼贴，素描和数字肖像的方法。这个俱乐部为学生提供了一个良好的环境，以提高他们的数字艺术技能和展示他们的创造力。

Instructor	负责老师	• Rafi Kadiri • Gretchen Orwig
Grade	适合年级	• G6-8
Time	上课时间	• Monday 周一 • 3:30-4:30PM



Graphic Design Club 平面设计俱乐部

Join our exciting after-school Graphic Design Club, where middle school students will dive into the world of creativity and design! In this engaging program, participants will learn the basics of graphic design with both physical and digital projects to explore. We will have in-class and tutorial-based training in the design software application, Affinity Designer 2, and students will get to unleash their artistic potential as they develop their skills and bring their ideas to life. Whether you're a beginner or have some experience, this club is the perfect place to express yourself and have some creative fun!

加入我们的课后平面设计俱乐部，中学生将在这里沉浸在创意和设计的世界中！在这个引人入胜的计划中，参与者将学习平面设计的基础知识，包括实物和数字项目来探索。我们将在设计软件应用程序Affinity Designer 2中进行课堂和基于教程的培训，学生将在发展技能并将想法带入生活时释放他们的艺术潜力。无论您是初学者还是有经验的人，这个俱乐部都是表达自己并获得一些创造性乐趣的理想之地！

Instructor	负责老师	Michelle Roycroft
Grade	适合年级	G6-8
Time	上课时间	- Monday 周一 3:30-4:30PM



History Club 历史俱乐部

A club for curious minds to explore the past and understand how it shapes our world today. We will learn about fascinating events and study influential figures.

这是一个让好奇的人探索过去，并理解它如何塑造我们今天的世界的俱乐部。我们将了解引人入胜的事件，研究有影响力的人物。

Instructor	负责老师	• Mikel Murillo • Sophie Zhu
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday周二 • 3:30-4:30PM



Science Learning Club

科学研习社

Science Learning Club empowers middle school students to explore their scientific curiosity through inquiry-based learning. Students investigate self-selected topics, conduct hands-on experiments, and engage in science readings to deepen their understanding. By researching, collaborating, and teaching one another, students develop critical thinking, literacy, and lab skills in a fun, student-driven environment.

科学研习社通过探究性学习，激发中学生的科学好奇心。学生调查自己选择的主题，进行动手实验，并通过科学阅读，以加深他们的理解。通过研究、合作和相互教学，学生们在一个有趣的、以学生为导向的环境中培养批判性思维、读写能力和实验室技能。

Instructor	负责老师	• Geran Zhang • Echo Tang
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday周二 • 3:30-4:30PM



Math Help Desk 数学辅导

Students will come voluntarily to work on topics they are struggling on in math class.

学生将自愿参加此活动，以解决数学课上遇到的难题。

* No sign-up required. Walk in anytime.

*无需报名。随时参加。

Instructor	负责老师	• Patrick Njue
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday&Thursday 周二及周四 • 11:50AM-12:15PM



Math Help Desk 数学辅导

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学生将自愿参加此活动，以解决数学课上遇到的难题。

* No sign-up required. Walk in anytime.

* 无需报名。随时参加。

Instructor	负责老师	Yvonne Wu
Grade	适合年级	G6-8
Time	上课时间	- Friday 周五 3:30-4:30PM



MYP VEXiQ Robotics

MYP VEXiQ机器人

This year, ISNS enters the competitive robotics field with VEXiQ. International Schools around China compete as each team uses its knowledge to design, code, and problem solve. We are looking for students passionate and excited about robotics!

今年，ISNS凭借VEXiQ进入了竞争激烈的机器人领域。中国各地的国际学校都在竞争，每个团队都利用自己的知识来设计、编码和解决问题。我们正在寻找对机器人充满热情和兴奋的学生！

Instructor	负责老师	• Kevin Sparling • Bret Law • Thomas Bivens
Grade	适合年级	• G6-8
Time	上课时间	• Friday 周五 • 3:30-4:30PM



MYP/DP Chess Club

初高国际象棋俱乐部

In Chess Club, students have the opportunity to develop and enhance their critical and strategic thinking skills. They can engage in friendly games and also participate in competitive tournaments.

在国际象棋俱乐部，学生有机会发展和提高他们的批判性和战略思维能力。他们可以参加友谊赛，也可以参加竞技比赛。

Instructor	负责老师	• James LeBreton • James Baglole
Grade	适合年级	• G6-12
Time	上课时间	• Monday 周一 • 3:30-4:30PM



3D Printing Club

3D打印俱乐部

Students will learn all about 3D printing technology, build skill with 3D modelling in Autodesk Fusion, and print models they create. Ideal for students who are excited about design, technology and engineering.

学生将学习所有关于3D打印技术，在Autodesk Fusion中建立3D建模技能，并打印他们创建的模型。适合对设计、技术和工程感兴趣的学生。

Instructor	负责老师	• Paul Kwiatkowski • Kevin Sparling • Nancy Bi
Grade	适合年级	• G6-12
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Chinese Debate Club

中文辩论俱乐部

For 7th - 9th graders passionate about language and ideas. Our Chinese Debate Club offers a structured space to explore diverse perspectives through thoughtful discourse.

Dive into weekly sessions where you'll learn logical argumentation, refine public speaking, and analyse topics ranging from culture to current affairs—all in Chinese. Collaborate with peers to build cohesive team strategies, practice constructive critique, and gain skills in active listening and evidence - based reasoning.

No prior experience needed. Whether you aim to deepen critical thinking, improve language fluency, or connect with like - minded peers, this club fosters growth through respectful dialogue. Join us to engage, learn, and challenge ideas in a supportive community.

对于热爱语言和思想的7 - 9年级学生，中文辩论俱乐部提供了一个结构化的空间，通过深思熟虑的话语来探索不同的观点。

在每周的课程中，学生将学习逻辑论证，改进公共演讲，并分析从文化到时事的话题——所有这些都是用中文进行的。与同伴合作建立有凝聚力的团队策略，练习建设性的批评，并获得积极倾听和基于证据的推理技能。

不需要之前的经验。无论你的目标是加深批判性思维，提高语言流利程度，还是与志同道合的同龄人联系，这个俱乐部都通过尊重的对话促进成长。加入我们，在一个支持性的社区中参与，学习和挑战想法。

Instructor	负责老师
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| <ul style="list-style-type: none">• Angelina Liu• Judith Yang |
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Grade	适合年级
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| <ul style="list-style-type: none">• G7-9 |
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Time	上课时间
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| <ul style="list-style-type: none">• Tuesday 周二• 3:30-4:30PM |
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Literary Magazine-The Lighthouse 文学杂志社-灯塔

Students create a literary magazine to showcase some of the excellent writing that is created at ISNS.

学生将制作一本文学杂志来展示ISNS校内创作的优秀写作作品。

*Yearly Club.

*一学年制俱乐部

Instructor	负责老师	Jodie Garrett
Grade	适合年级	G8-12
Time	上课时间	- Monday 周一 11:45AM-12:15PM



Yearbook Committee 年册委员会

Yearbook Committee will offer opportunities for students who are interested in helping to design the ISNS Yearbook. We are asking for only committed students to join, and weekly attendance is required. To create the yearbook, all students involved will acquire skills in design, software (Adobe Illustrator, Adobe Photoshop, Adobe InDesign).

年册委员会将为有兴趣帮助设计ISNS年册的学生提供机会。我们只要求守承诺的学生加入，必须每周出席。为了制作年册，所有参与的学生都将具备掌握设计、软件(Adobe Illustrator、Adobe Photoshop、Adobe InDesign)的技能。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Thomas Bivens • Joyce Liu • Gloria Carnevale
Grade	适合年级	• G9-12
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM



Tai Hua Chinese Magazine 苔花中文杂志社

Students learn to edit, design and publish their own work. The magazine is open to submissions from throughout all MYP/DP students and encourages students to practice writing.

学生将学习编辑、设计和出版他们自己的作品。这个杂志将接受来自所有MYP/DP的学生的作品并鼓励学生练习写作。

*Yearly Club.

*一学年制俱乐部

Instructor	负责老师	• Gia Chen • Ivanna Feng • Joyce Zhao
Grade	适合年级	• G6-12
Time	上课时间	• Wednesday 周三 • 11:45AM-12:15PM



Model United Nations 模拟联合国

Model UN is a simulation of the UN General Assembly and its other multilateral bodies where students perform an ambassador role while debating topics such as gender equality, climate action, global health, and more.

模拟联合国是模拟联合国大会及其其他多边机构，学生扮演大使角色，辩论例如性别平等、气候行动、全球健康等主题。

*Yearly Club.

*一学年制俱乐部

Instructor	负责老师	• Hector Wu • Abbigael Ford • Andrew Robinson
Grade	适合年级	• G9-12
Time	上课时间	• Wednesday 周三 • 11:45AM-12:15PM



Prism Pride 社交平等

Prism Pride envisions a school environment that promotes inclusion and acceptance across the school and discourages judgement, bullying or harassment to any of its students. Through respectful discussion, the purpose of our group is to educate and raise awareness to our students. We aim to increase our open-mindedness and caring towards LGBTQ+ topics and to foster a compassionate and supportive environment for members. This group is a safe space and open to all students who are supportive of this mission within ISNS, whether they are part of the LGBTQ+ or not.

社交平等设想是一个促进整个学校的包容和接受，并阻止对任何学生的评判、欺凌或骚扰的学校环境。通过相互尊重的讨论，此俱乐部的目的是教育和提高我们的学生的意识。我们的目标是增加我们对LGBTQ+话题的开放思想和关心，并为成员培育一个富有同情心和支持性的环境。这个俱乐部是一个安全的空间，对ISNS内所有支持这一使命的学生开放，无论他们是否是LGBTQ+的一员。

Instructor	负责老师	• Mary An Godkin • Sophie Zhu
Grade	适合年级	• G6-12
Time	上课时间	• Thursday 周四 • 11:45AM-12:15PM



Chinese Reading Salon 中文阅读沙龙

Students will share their own reading experience and be exposed to a lot of interesting extracurricular reading materials.

学生们将分享自己的阅读经验，并接触到许多有趣的课外阅读材料。

Instructor	负责老师	• Max Gao • Luna Xiao
Grade	适合年级	• G6-10
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Stage Design Club

舞台设计俱乐部

Step beyond your typical PowerPoint presentations and discover how to utilize interactive toolsets for crafting captivating presentations and backgrounds in support of our performance arts. Collaborate closely with the performance arts team to generate ideas and develop dynamic live stage backdrops.

超越典型的ppt演示，发现如何利用互动工具集来制作亮眼的讲义和背景图来展示学生的艺术表演类舞台。与表演艺术团队紧密合作，打造创意和发展动态的现场舞台背景。

Instructor	负责老师	Prathap Sekar
Grade	适合年级	G8-10
Time	上课时间	- Thursday 周四 3:30-4:30PM



Calligraphy Club 书法俱乐部

Students will learn fundamental strokes in five different styles of Chinese calligraphy depending on their individual skill levels. They will have the opportunity to cultivate a meditative practice aimed at enhancing their level of concentration and focus.

学生将根据个人水平学习五种不同风格的中国书法的基本笔画。同时，他们将有机会培养一种冥想练习，旨在提高他们的注意力和专注力。

Instructor	负责老师	• Hea Jung Choi • Sharon Zhang
Grade	适合年级	• G8-10
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Ceramics Club

陶艺俱乐部

During this ceramics club, students will learn the basics of working with ceramics. They will develop their own projects and mostly explore hand building techniques and decoration with glazes and underglazes. During the second semester the club will develop a small tile project to decorate the 5th floor wall next to our HS Principal's office. Consistency in attendance it's important for this club since clay has a specific drying time that cannot be controlled. This club will run during the whole year.

在这个陶艺俱乐部，学生将学习陶艺的基础知识。他们将开发自己的项目，主要探索手工建筑技术和釉以及釉下装饰。在第二学期，俱乐部将开发一个小瓷砖项目来装饰我们校长办公室旁边的五楼墙壁。对于这个俱乐部来说，稳定的出勤率是很重要的，因为粘土有一个特定的，枯燥的，时间是无法控制的。这个俱乐部是一个学年制的社团。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Marjorie Hernandez • Izell Pretorius
Grade	适合年级	• G9-12
Time	上课时间	• Thursday 周四 • 3:30-4:30PM



Math Magic 魔法数学

This year's Math club will follow a two-week rotation: Week 1 is dedicated to helping students from standard Math classes with classwork, homework, assignments and related topics, while Week 2 is open to anyone interested in exploring advanced math topics beyond what is covered in regular math classes. No sign-up required—feel free to drop-in whenever you need help or want to learn something new!

今年的数学俱乐部将遵循两周的轮换：第一周致力于帮助学生从标准数学课的课堂作业，家庭作业，作业和相关主题，而第二周是开放给任何有兴趣探索超越在普通数学课上涵盖的高级数学主题的人。不需要报名-当你需要帮助或想要学习新东西时，随时来参加！

* No sign-up required. Walk in anytime.

*无需报名。随时参加。

Instructor	负责老师	• Meng Qi
Grade	适合年级	• G9-12
Time	上课时间	• Friday 周五 • 3:30-4:30PM



Photo Club 摄影俱乐部

Photography club explores digital, film and darkroom techniques as well as basic camera technique (composition, Aperture, shutter speed, ISO and depth of field).

摄影俱乐部将带学生探索数码、胶片 and 暗房技术以及基本的摄影技术(构图、光圈、快门速度、ISO和景深)。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	- Gloria Carnevale - Alyson Daigneault
Grade	适合年级	G9-12
Time	上课时间	- Friday 周五 3:30-4:30PM