



ISNS

INTERNATIONAL SCHOOL
OF NANSHAN SHENZHEN

深圳市南山外籍人员子女学校

2025-26 Semester Two

Extra Curricular Activities

Information Booklet
课后活动 信息手册

Early Year Creation Club

幼儿创意俱乐部

The children are provided with big Lego, small Lego, blocks and other kinds of construction resources. They will create anything they want by using their imagination. They will learn how to socialize collaborate, share and communicate with others.

此俱乐部为孩子们提供大乐高、小乐高、积木等各种搭建资源。他们会用他们的想象力创造任何他们想要的东西。他们将学习如何社交、合作、分享和与他人沟通。

Instructor	负责老师	• Anna Wang • Jan Huang • Ziya Waris
Grade	适合年级	• K3
Time	上课时间	• Friday 周五 • 3:30-4:30PM

EY Creative Art Club

幼儿创意艺术俱乐部

In our EY creative art class, young artists explore their imagination through a variety of hands-on activities that inspire self-expression and creativity. From painting and drawing to crafting and singing, children are encouraged to experiment with different materials. Our supportive environment fosters collaboration and allows each child to share their unique perspective, helping to build confidence and develop fine motor skills. Through creative art, students not only enhance their artistic abilities but also learn to appreciate the beauty of diverse expressions and ideas.

在我们的幼儿创意艺术俱乐部，小小艺术家们通过各种激发自我表达和创造力的实践活动来探索他们的想象力。从绘画到手工制作和唱歌，孩子们被鼓励尝试不同的材料。我们的支持性环境促进合作，并允许每个孩子分享他们独特的观点，帮助建立信心和发展精细运动技能。通过创意艺术，学生不仅提高了他们的艺术能力，还学会了欣赏不同表达和思想的美。

Instructor	负责老师	• Kim Kyoung Eun • Putri Wanna • Maggie Zhang
Grade	适合年级	• K3-K4
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

Spanish Fun 趣味西班牙语

Spanish Fun! is an afterschool program designed for students to explore Spanish through stories, games, and songs. Students will learn greetings, colors, numbers, and basic vocabulary in a playful, interactive environment that sparks curiosity and builds confidence. Perfect for beginners and those who love to learn through play, Spanish Fun! helps build vocabulary, listening skills, and cultural awareness in a lively, supportive environment.

趣味西班牙语是一项课后项目，旨在通过故事、游戏和歌曲让学生探索西班牙语。学生们将在一个充满趣味、互动性强的环境中学习问候语、颜色、数字和基础词汇，激发好奇心，增强自信心。该项目非常适合初学者以及喜欢通过游戏学习的人，它在充满活力且支持性强的环境中帮助学生积累词汇、提高听力技能并增强文化意识。

Instructor	负责老师	• Andrea Badell • Jenny Huang
Grade	适合年级	• K4
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Creative Letter Seeds Club

创意字母种子俱乐部

Welcome to Creative Letter Seeds, where letters ignite joy! Through engaging games, songs, and interactive activities, students' journey from letters to words, sowing seeds of creativity and expressing themselves through drawing and writing.

At Creative Letter Seeds, we believe:

Learning Through Play: Letter learning is full of fun!

Letters Set Sail: Each letter unlocks a world of imagination.

Artistic Expression: Art is a child's true voice.

欢迎加入创意字母种子俱乐部，在这里用字母点燃喜悦！通过参与游戏、歌曲和互动活动，学生们从字母到文字的旅程，播种创造力的种子，并通过绘画和写作表达自己。

Instructor	负责老师	• Yimmy Cai • Ariel Shi
Grade	适合年级	• K4-K5
Time	上课时间	• Monday 周一 • 3:30-4:30PM

Early Years Reading Club

幼儿阅读俱乐部

At our Early Years Reading Club, we believe that reading is a gateway to endless possibilities. We strive to foster a love for books in our young readers, nurturing their curiosity and laying the foundation for a lifelong passion for reading. This club also intertwines the joy of crafting with the wonders of literature. This club is great for students who love to read stories and make crafts.

在幼儿阅读俱乐部，我们相信阅读是通往无限可能性的门户。我们努力培养年轻读者对书籍的热爱，培养他们的好奇心，为终身热爱阅读奠定基础。这个俱乐部还将手工制作的乐趣与文学的奇迹交织在一起。这个俱乐部对于喜欢读故事和做工艺品的学生来说是很棒的选择。

Instructor	负责老师	• Natalie Chan • Rose Koini • Jamila Lago
Grade	适合年级	• K4-K5
Time	上课时间	• Friday 周五 • 3:30-4:30PM

English Handwriting Heroes

英文书写俱乐部

This program is designed to practice and enhance students' English handwriting skills through engaging activities. Students will focus on improving their letter formation, writing fluency, and overall confidence in writing.

该俱乐部旨在通过参与活动来练习和提高学生的英语书写技能。学生将专注于提高他们的字母结构，写作流畅性和写作的整体信心。

Instructor	负责老师	• Vita Cai • Mandy Lian • Rose Huang
Grade	适合年级	• K5
Time	上课时间	• Monday 周一 • 3:30-4:30PM

Rising Leaders

未来领袖

The “Rising Leaders” after-school club is for K5 students who are motivated to engage in community service. Participants will work on school garden projects, learn about sustainability, and plan fun, inclusive activities for the International Day of Play and Children’s Day. These initiative lay the foundation for school service and empower our young leaders to make a positive impact in their community.

“未来领袖”俱乐部是为有动力参与社区服务的K5年级学生而设。学生将参与学校花园项目，学习可持续发展，并为国际游戏日和儿童节策划有趣、包容的活动。这些活动将为学校服务奠定了基础，并使我们的小小领袖能够对他们的社区产生积极的影响。

Instructor	负责老师	• Judy Imamudeen • Ryan Imamudeen • Alisa Tang
Grade	适合年级	• K5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Reading Buddies

阅读伙伴

Reading buddies is a program in which a MYP/DP mentor student is paired with an elementary student from grades 1-2. They will meet each week in the library and spend time reading together. The Reading Buddies program helps model good reading.

阅读伙伴是一个由MYP/DP学生与G1-G2的学生配对并指导他们阅读的项目，他们将每周在图书馆进行阅读，此项目还能帮助树立良好的阅读模范。

Instructor	负责老师	• Scott Chapman • Giselle Chen
Grade	适合年级	• G1-2
Time	上课时间	• Monday 周一 • 3:30-4:30PM

Chinese Culture & Games Club

中国文化及游戏俱乐部

The Chinese Cultural & Games Club is dedicated in promoting the Chinese culture through various social and entertainment activities that allow students to explore and comprehend the beauty of the culture, the history of China.

中国文化及游戏俱乐部致力于通过多种社交和娱乐活动推广中国文化，使学生能够发掘和理解中国文化和历史之美。

Instructor	负责老师	• Hulda Zhang • Yannis Zhao • Hebe Wang
Grade	适合年级	• G1-2
Time	上课时间	• Monday 周一 • 3:30-4:30PM

PYP Outdoor Club

小学户外俱乐部

Inspired by the principles of Forest School, students will explore and inquire about the wonders of the great outdoors. Along the way, they will develop hands-on skills, deepen their connection with nature, and build confidence through guided outdoor learning adventures.

受森林学校原则的启发，学生将探索和询问伟大的户外奇观。他们将发展动手技能，加深与自然的联系，并通过引导户外学习冒险建立信心。

Instructor	负责老师	• Michael Lattimore • Susan Bivens
Grade	适合年级	• G1-G2
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Fiber Art Club

纤维艺术俱乐部

This is a year-long after-school activity designed to help students build the fine motor skills needed for Fiber Arts, including sewing, knitting, crochet, and embroidery. In the first semester, students learn basic sewing skills through simple projects, while in the second semester, they continue to develop their skills to create more elaborate pieces. To ensure a safe and successful experience, students are selected based on their interest in art, work habits, behaviour, and ability to follow safety expectations when using tools such as sewing needles and scissors.

这是一项为期一年的课后活动，旨在帮助学生培养纤维艺术所需的精细动作技能，包括缝纫、编织、钩针和刺绣。第一学期，学生通过简单的项目学习基础缝纫技巧；第二学期，他们进一步提升技能，创作更复杂的作品。

为确保活动安全顺利进行，将根据对艺术的兴趣、工作习惯、行为表现以及在使用缝纫针、剪刀等工具时遵守安全要求的能力进行学生的选拔。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Laura Fernandes • Yu Mee Chong • Magic Zhang
Grade	适合年级	• G1-2
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Junior Robotics Club

初级机器人俱乐部

Explore various robotics and teamwork in the Junior Robotic Club! You'll learn basic coding and dive into the coding world. Work with your team to solve challenges, complete exciting missions, and develop problem-solving skills.

在初级机器人俱乐部探索各种机器人和团队合作！您将学习基本编码并深入编码世界。与你的团队一起解决挑战，完成有趣的任务，并培养解决问题的能力。

Instructor	负责老师	• Huini Xie • Judy Zhou • Kai Mesman-Hallman
Grade	适合年级	• G1-2
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

English Game Hub

英语游戏坊

English Game Hub is a fun club where we learn English mainly through board games. We practice listening, speaking, and reading while having fun together.

英语游戏坊是一个有趣的俱乐部，我们主要通过棋盘游戏来学习英语。我们在一起玩耍的同时练习听、说、读。

Instructor	负责老师	• Yan Zhang • Iris Li • Harolyn Huang
Grade	适合年级	• G1
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Chinese Poems Reciting and Writing

中文诗歌诵读与书写

Students learn to recite Chinese poems with feeling and rhythm and are encouraged to try their best to write these Chinese poems nicely.

学生将学习有感情、有节奏地朗诵中文诗歌，并且试着书写这些中文诗歌。

Instructor	负责老师	Fiona Zhang
Grade	适合年级	G1-2
Time	上课时间	- Friday 周五 3:30-4:30PM

English Writing Club

英语写作俱乐部

This is a club where we work with words and tell stories. We will write about different elements and work on different writing skills. We will share our stories and cheer for each other's great work in this club.

这是一个我们用文字创作、讲述故事的俱乐部。我们将围绕不同的元素进行写作，并锻炼不同的写作技巧。在这个俱乐部里，我们会分享彼此的故事，并为对方的精彩作品欢呼喝彩。

Instructor	负责老师	• Lu Luo • Damon Li
Grade	适合年级	• G2-3
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Chinese Writing Club

中文写作俱乐部

Cultivate the ability to "dare to write, know how to write, and be happy to write". Through systematic guidance, let children master basic writing methods, such as how to make sentences smooth and how to describe things in order. At the same time, stimulate their observation and imagination of life, so that writing becomes a natural way to record life and express emotions.

培养“敢写、懂写、乐写”的能力。通过系统的指导，让孩子掌握基本的写作方法，比如如何使句子流畅，如何有序地描述事物。同时，激发他们对生活的观察和想象，使写作成为记录生活、表达情感的自然方式。

Instructor	负责老师	Sarah Sun
Grade	适合年级	G3
Time	上课时间	- Monday 周一 3:30-4:30PM

UPYP Art Club

UPYP艺术俱乐部

This art club for grade 3-5 students offers a creative and supportive environment where students can explore various art forms, learn fundamental techniques, and express themselves through painting, drawing, and sculpture.

这个艺术俱乐部为3-5年级的学生提供了一个创造性和支持性的环境，学生可以在这里探索各种艺术形式，学习基本技巧，并通过绘画、素描和雕塑来表达自己。

Instructor	负责老师	• Daniel van Aswegen • Clifford van Aswegen • Stefan Adamovic
Grade	适合年级	• G3-5
Time	上课时间	• Monday 周一 • 3:30-4:30PM

UPYP Art Club 2

UPYP艺术俱乐部 2组

Students will work on art projects including drawing, sculpture, collaging and painting. Students may also work on their own artwork and get additional assistance.

学生们的合作艺术项目包括绘画、雕塑、拼贴和绘画。学生也可以创作自己的艺术作品，并得到额外的帮助。

Instructor	负责老师	• Monica Ramakers • Tiffany Trujillo
Grade	适合年级	• G3-5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Primary French Club (Advanced)

小学中级法语俱乐部

Join our Advanced French Club every Monday from 3:30 to 4:30 PM and deepen your immersion in the French language! This club is tailored for students who have completed at least one semester of French. Throughout the year, participants will expand their vocabulary across various themes and delve into the richness of French culture.

Engage in a diverse range of activities designed to reinforce vocabulary through interactive exercises and written materials. We will explore different facets of French culture, including art, cuisine, and music.

This club is primarily for Grade 4 and Grade 5 students who attended French classes last semester. We can't wait to see you there!

每周一下午3:30 - 4:30加入我们的中级法语俱乐部，加深您对法语的沉浸感！这个俱乐部是为至少学过一个学期法语的学生量身定做的。在这一年中，参与者将在不同的主题中扩展他们的词汇量，并深入研究丰富的法国文化。参与各种旨在通过互动练习和书面材料加强词汇量的活动。我们将探索法国文化的不同方面，包括艺术、美食和音乐。这个俱乐部主要是为上学期上过法语课的四年级和五年级的学生开设的。我们迫不及待地想在那里见到你！

Instructor	负责老师	• Sebastien Creton • Mildred Murule
Grade	适合年级	• G4-5
Time	上课时间	• Friday 周五 • 3:30-4:30PM

UPYP Makers' Club

UPYP创客俱乐部

The UPYP Makers' Club is a creative space for UPYP students, where imagination comes to life through hands-on projects. In this club, young makers explore various materials and techniques to design and build unique, hand-made creations. It encourages creativity and problem-solving in a fun and supportive environment. Whether crafting, building, or experimenting, students develop valuable skills while expressing their ideas.

UPYP 创客俱乐部是 UPYP 学生的创意空间，在这里，想象力通过动手实践的项目得以实现。在这个俱乐部里，年轻的创客们探索各种材料和技巧，设计并制作独一无二的手工制品。它在一个有趣且支持性的环境中鼓励创造力和解决问题的能力。无论是手工制作、搭建还是实验，学生们在表达自己想法的同时，也培养了宝贵的技能。

Instructor	负责老师	• Sheena Jiang
Grade	适合年级	• G3-5
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

UPYP Science Quest

UPYP科学探索

We are excited to introduce our Science Activity for UPYP students, focusing on the scientific method to nurture young scientists. This program guides students in conducting science experiments and presenting their findings through hands-on activities that enhance inquiry-based learning and critical thinking skills. Students will formulate hypotheses, conduct experiments, analyze data, draw conclusions, and present their work, deepening their understanding of the scientific process and building confidence in sharing projects with the community, fostering growth and success during their scientific journey.

我们很高兴为UPYP学生推出科学活动，重点关注科学方法培养年轻科学家。本课程引导学生进行科学实验，并通过实践活动展示他们的发现，提高探究性学习和批判性思维技能。学生将提出假设、进行实验、分析数据、得出结论，并展示他们的工作，加深他们对科学过程的理解，并建立与社会分享项目的信心，促进他们在科学之旅中的成长和成功。

Instructor	负责老师	• Thomas Tucker • Tricia Calhoon • Daisy Yang
Grade	适合年级	• G3-5
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

Fitness Club

健身操俱乐部

This club offers fun and energetic fitness activities. Through games, basic exercises, and teamwork challenges, children will improve coordination, build healthy habits, and gain confidence in a lively and supportive environment.

这个俱乐部提供有趣而充满活力的健身活动。通过游戏、基本练习和团队合作挑战，孩子们将在一个充满活力和支持性的环境中提高协调能力，养成健康的习惯，并获得信心。

Instructor	负责老师	• Lucy Chen • Daisy Li
Grade	适合年级	• G3-4
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Marty Innovation Lab

机器人创新实验室

Do you want to build a robot that knows when you're in the room? Or a robot that's afraid of the dark? In the Marty Innovation Lab, you and your squad will stop being "coders" and start being "Robot Whisperers." Using brand-new Light Sensors, Noise Sensors, and the Micro bit brain, your team will unlock Marty's secret powers.

你想制造一个知道你在房间里的机器人吗？还是一个害怕黑暗的机器人？在机器人创新实验室，你和你的团队将不再是“程序员”，而是“机器人耳语者”。使用全新的光传感器、噪音传感器和Micro bit大脑，你的团队将解开机器人马蒂的秘密力量。

Instructor	负责老师	• Yvonne Xiao • Tricia Calhoon • Ariya Teng • Kandace Law
Grade	适合年级	• G4-5
Time	上课时间	• Monday 周一 • 3:30-4:30PM

Storytelling Club

讲故事俱乐部

This club teaches students effective storytelling using the Hear, Map, Step, and Speak method. After retelling well-known stories and inventing their own stories they will give each other reflective feedback. The storytelling club is great for students who would like more opportunities to improve their public speaking abilities.

讲故事俱乐部用聆听、思维导图、步骤、复述的方法教学生讲故事。在复述了大家熟知的故事并创造了自己的故事之后，他们会给对方反思性的反馈。讲故事俱乐部对于那些想要更多机会来提高演讲能力的学生来说是一个很好的选择。

Instructor	负责老师	- Henrietta Richardson - Susan Chopnick
Grade	适合年级	G4-5
Time	上课时间	- Thursday 周四 3:30-4:30PM

Paper Cutting Club

剪纸俱乐部

Students will work on different types of paper-cutting that include Chinese paper-cutting (jianzhi) and other paper art crafts.

学生将参与不同的剪纸活动包括中国的剪纸技术和其他纸类的艺术手工制作。

Instructor	负责老师	• Mimi Liu • Danielle Jin • Peggy Pan
Grade	适合年级	• G4-5
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Primary French Club (Beginner)

小学初级法语俱乐部

Join our French Club for beginners every Tuesday from 3:30 to 4:30 PM and immerse yourself in the French language! This club is designed for students who are new to French, where they will learn essential vocabulary, including self-introductions, numbers, colors, and more throughout the year.

Participants will engage in a variety of activities that reinforce their vocabulary through interactive exercises and written materials. We will also explore different aspects of French culture, such as art, cuisine, and music.

This club is primarily for Grade 3 students, but Grade 4 and Grade 5 students are welcome to join if they did not attend French classes last semester. We look forward to seeing you there!

每周二下午3:30 - 4:30加入我们的小学初级法语俱乐部，让自己沉浸在法语中！这个俱乐部是为初学法语的学生设计的，在那里他们将学习基本的词汇，包括自我介绍、数字、颜色等。

参与者将参与各种活动，通过互动练习和书面材料来加强他们的词汇量。我们还将探索法国文化的不同方面，如艺术、美食和音乐。

本俱乐部主要面向三年级学生，但欢迎上学期没有上过法语课的四年级和五年级学生加入。我们期待你们的加入！

Instructor	负责老师	• Sebastien Creton • Michelle Zhang
Grade	适合年级	• G3-5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

PYP VEXGo Robotics

PYP VEXGo机器人

Students will move toward looking at the competition elements of VEXGo and work in teams on more extended design challenges. This will include both physical robotics and computer-based coding challenges.

学生们将投入于VEXGo的竞争元素，并在团队中进行更广泛的设计挑战。这将包括物理机器人和基于计算机的编码挑战。

Instructor	负责老师	• Emily Morris • Bryan Fradgley • Fiona Zhang
Grade	适合年级	• G5
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Lower MYP Digital Art Club

数字艺术俱乐部

In this club, students will learn the basics of Digital Art by practicing with Procreate. They will discover methods for creating various types of illustrations, such as character design, digital collage, sketching, and digital portraits. This club provides a supportive environment for students to enhance their digital art skills and showcase their creativity.

在这个俱乐部里，学生们将通过与Procreate一起练习来学习数字艺术的基础知识。他们将发现创建各种类型的插图，如人物设计，数字拼贴，素描和数字肖像的方法。这个俱乐部为学生提供了一个良好的环境，以提高他们的数字艺术技能和展示他们的创造力。

Instructor	负责老师	• Rafi Kadiri
Grade	适合年级	• G6-8
Time	上课时间	• Monday 周一 • 3:30-4:30PM

Graphic Design Club

平面设计俱乐部

Join our exciting after-school Graphic Design Club, where middle school students will dive into the world of creativity and design! In this engaging program, participants will learn the basics of graphic design with both physical and digital projects to explore. We will have in-class and tutorial-based training in the design software application, Affinity Designer 2, and students will get to unleash their artistic potential as they develop their skills and bring their ideas to life. Whether you're a beginner or have some experience, this club is the perfect place to express yourself and have some creative fun!

加入我们的课后平面设计俱乐部，中学生将在这里沉浸在创意和设计的世界中！在这个引人入胜的计划中，参与者将学习平面设计的基础知识，包括实物和数字项目来探索。我们将在设计软件应用程序Affinity Designer 2中进行课堂和基于教程的培训，学生将在发展技能并将想法带入生活时释放他们的艺术潜力。无论您是初学者还是有经验的人，这个俱乐部都是表达自己并获得一些创造性乐趣的理想之地！

Instructor	负责老师	• Michelle Roycroft • Francois Pretorius
Grade	适合年级	• G6-8
Time	上课时间	• Monday 周一 • 3:30-4:30PM

History Club

历史俱乐部

A club for curious minds to explore the past and understand how it shapes our world today. We will learn about fascinating events and study influential figures.

这是一个让好奇的人探索过去，并理解它如何塑造我们今天的世界的俱乐部。我们将了解引人入胜的事件，研究有影响力的人物。

Instructor	负责老师	• Mikel Murillo • Sophie Zhu
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday周二 • 3:30-4:30PM

Science Learning Club

科学研习社

Science Learning Club empowers middle school students to explore their scientific curiosity through inquiry-based learning. Students investigate self-selected topics, conduct hands-on experiments, and engage in science readings to deepen their understanding. By researching, collaborating, and teaching one another, students develop critical thinking, literacy, and lab skills in a fun, student-driven environment.

科学研习社通过探究性学习，激发中学生的科学好奇心。学生调查自己选择的主题，进行动手实验，并通过科学阅读，以加深他们的理解。通过研究、合作和相互教学，学生们在一个有趣的、以学生为导向的环境中培养批判性思维、读写能力和实验室技能。

Instructor	负责老师	• Geran Zhang • Echo Tang
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday周二 • 3:30-4:30PM

Math Help Desk

数学辅导

Students will come voluntarily to work on topics they are struggling on in math class.

学生将自愿参加此活动，以解决数学课上遇到的难题。

* No sign-up required. Walk in anytime.

*无需报名。随时参加。

Instructor	负责老师	• Patrick Njue
Grade	适合年级	• G6-8
Time	上课时间	• Tuesday&Thursday 周二及周四 • 11:50AM-12:15PM

Math Help Desk

数学辅导

Students will come voluntarily to work on topics they are struggling on in math class.

学生将自愿参加此活动，以解决数学课上遇到的难题。

* No sign-up required. Walk in anytime.

*无需报名。随时参加。

Instructor	负责老师	Yvonne Wu
Grade	适合年级	G6-8
Time	上课时间	- Friday周五 3:30-4:30PM

MYP VEXiQ Robotics

MYP VEXiQ机器人

If you want to explore the world of robotics, this club is for you! We will use a variety of robotics platforms, including VEX IQ and Micro Bit, to code cool and fun projects. You don't need to be an expert to join, but you do need to want to have fun with robots and code!

如果你想探索机器人的世界，这个俱乐部是为你准备的！我们将使用各种机器人平台，包括VEX IQ和Micro Bit，来编写酷而有趣的项目。你不需要成为专家就可以加入，但你需要想要享受机器人和代码的乐趣！

Instructor	负责老师	• Kevin Sparling • Bret Law • Thomas Bivens
Grade	适合年级	• G6-8
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Twist and Create Club

扭扭棒手工俱乐部

Welcome to the Twist and Create Club, where imagination meets craftsmanship! Our club is dedicated to exploring the art of creative expression through pipe cleaners and other fun materials. Whether you're a seasoned artist or a curious beginner, we invite you to join us in crafting unique projects that inspire joy and innovation.

In our gatherings, you'll have the opportunity to learn new techniques, share ideas, and collaborate with fellow members. From whimsical sculptures to colorful embellishments, the possibilities are endless. Let's twist our ideas into reality and create beautiful works of art together!

欢迎来到扭扭棒手工俱乐部，在这里想象力与工艺相遇！我们的俱乐部致力于通过烟斗清洁器和其他有趣的材料探索创造性表达的艺术。无论您是经验丰富的艺术家还是好奇的初学者，我们都邀请您加入我们，共同制作激发快乐和创新的独特项目。

在我们的俱乐部，您将有机会学习新技术，分享想法，并与其他成员合作。从异想天开的雕塑到丰富多彩的装饰，可能性是无穷无尽的。让我们一起把想法变成现实，一起创造美丽的艺术作品！

Instructor	负责老师	- Ivy Liu - Liana Li
Grade	适合年级	G6-12
Time	上课时间	- Monday 周一 3:30-4:30PM

MYP/DP Chess Club

初高中国国际象棋俱乐部

In Chess Club, students have the opportunity to develop and enhance their critical and strategic thinking skills. They can engage in friendly games and also participate in competitive tournaments.

在国际象棋俱乐部，学生有机会发展和提高他们的批判性和战略思维能力。他们可以参加友谊赛，也可以参加竞技比赛。

Instructor	负责老师	• James LeBreton • James Baglole
Grade	适合年级	• G6-12
Time	上课时间	• Monday 周一 • 3:30-4:30PM

3D Printing Club

3D打印俱乐部

Students will learn all about 3D printing technology, build skill with 3D modelling in Autodesk Fusion, and print models they create. Ideal for students who are excited about design, technology and engineering.

学生将学习所有关于3D打印技术，在Autodesk Fusion中建立3D建模技能，并打印他们创建的模型。适合对设计、技术和工程感兴趣的学生。

Instructor	负责老师	• Paul Kwiatkowski • Kevin Sparling • Nancy Bi
Grade	适合年级	• G6-12
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Chinese Reading Salon

中文阅读沙龙

Students will share their own reading experience and be exposed to a lot of interesting extracurricular reading materials.

学生们将分享自己的阅读经验，并接触到许多有趣的课外阅读材料。

Instructor	负责老师	• Max Gao • Luna Xiao
Grade	适合年级	• G6-10
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

Calligraphy Club 书法俱乐部

Students will learn fundamental strokes in five different styles of Chinese calligraphy depending on their individual skill levels. They will have the opportunity to cultivate a meditative practice aimed at enhancing their level of concentration and focus.

学生将根据个人水平学习五种不同风格的中国书法的基本笔画。同时，他们将有机会培养一种冥想练习，旨在提高他们的注意力和专注力。

Instructor	负责老师	• Hea Jung Choi • Sharon Zhang
Grade	适合年级	• G6-10
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

Chinese Debate Club

中文辩论俱乐部

For 7th - 9th graders passionate about language and ideas. Our Chinese Debate Club offers a structured space to explore diverse perspectives through thoughtful discourse.

Dive into weekly sessions where you'll learn logical argumentation, refine public speaking, and analyse topics ranging from culture to current affairs—all in Chinese. Collaborate with peers to build cohesive team strategies, practice constructive critique, and gain skills in active listening and evidence - based reasoning.

No prior experience needed. Whether you aim to deepen critical thinking, improve language fluency, or connect with like - minded peers, this club fosters growth through respectful dialogue. Join us to engage, learn, and challenge ideas in a supportive community.

对于热爱语言和思想的7 - 9年级学生，中文辩论俱乐部提供了一个结构化的空间，通过深思熟虑的话语来探索不同的观点。

在每周的课程中，学生将学习逻辑论证，改进公共演讲，并分析从文化到时事的话题——所有这些都是用中文进行的。与同伴合作建立有凝聚力的团队策略，练习建设性的批评，并获得积极倾听和基于证据的推理技能。

不需要之前的经验。无论你的目标是加深批判性思维，提高语言流利程度，还是与志同道合的同龄人联系，这个俱乐部都通过尊重的对话促进成长。加入我们，在一个支持性的社区中参与，学习和挑战想法。

Instructor	负责老师
Grade	适合年级
Time	上课时间

- Angelina Liu
- Judith Yang

- G7-9

- Tuesday 周二
- 3:30-4:30PM

Literary Magazine-The Lighthouse

文学杂志社-灯塔

Students act as editors and writers for our English language Literary Magazine. This year, the submissions will be compiled as an online digital magazine, with pre-orders required for printed options. Students can participate in-person during our Monday activity slot, OR if that time is already committed elsewhere, can be involved for 30 minutes each week via online engagement.

学生们将担任我们英语文学杂志社的编辑和作者。今年，参赛作品将被编辑成在线数字杂志，印刷版需要提前预订。学生可以在我们周一的活动时段现场参加，或者如果时间有其他活动冲突的，可以通过线上参与。

Instructor	负责老师	Jodie Garrett
Grade	适合年级	G8-12
Time	上课时间	- Monday 周一 11:45AM-12:15PM

Stage Design Club

舞台设计俱乐部

Step beyond your typical PowerPoint presentations and discover how to utilize interactive toolsets for crafting captivating presentations and backgrounds in support of our performance arts. Collaborate closely with the performance arts team to generate ideas and develop dynamic live stage backdrops.

超越典型的ppt演示，发现如何利用互动工具集来制作亮眼的讲义和背景图来展示学生的艺术表演类舞台。与表演艺术团队紧密合作，打造创意和发展动态的现场舞台背景。

Instructor	负责老师	Gretchen Orwig
Grade	适合年级	G8-10
Time	上课时间	- Thursday 周四 3:30-4:30PM

Yearbook Committee

年册委员会

Yearbook Committee will offer opportunities for students who are interested in helping to design the ISNS Yearbook. We are asking for only committed students to join, and weekly attendance is required. To create the yearbook, all students involved will acquire skills in design, software (Adobe Illustrator, Adobe Photoshop, Adobe InDesign).

年册委员会将为有兴趣帮助设计ISNS年册的学生提供机会。我们只要求守承诺的学生加入，必须每周出席。为了制作年册，所有参与的学生都将具备掌握设计、软件(Adobe Illustrator、Adobe Photoshop、Adobe InDesign)的技能。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Thomas Bivens • Joyce Liu • Gloria Carnevale
Grade	适合年级	• G9-12
Time	上课时间	• Tuesday 周二 • 3:30-4:30PM

Model United Nations

模拟联合国

Model UN is a simulation of the UN General Assembly and its other multilateral bodies where students perform an ambassador role while debating topics such as gender equality, climate action, global health, and more.

模拟联合国是模拟联合国大会及其其他多边机构，学生扮演大使角色，辩论例如性别平等、气候行动、全球健康等主题。

**Yearly Club.*

**一学年制俱乐部*

Instructor	负责老师	• Hector Wu • Abbigael Ford • Andrew Robinson
Grade	适合年级	• G9-12
Time	上课时间	• Wednesday 周三 • 11:45AM-12:15PM

Prism Pride 社交平等

Prism Pride envisions a school environment that promotes inclusion and acceptance across the school and discourages judgement, bullying or harassment to any of its students. Through respectful discussion, the purpose of our group is to educate and raise awareness to our students. We aim to increase our open-mindedness and caring towards LGBTQ+ topics and to foster a compassionate and supportive environment for members. This group is a safe space and open to all students who are supportive of this mission within ISNS, whether they are part of the LGBTQ+ or not.

社交平等设想是一个促进整个学校的包容和接受，并阻止对任何学生的评判、欺凌或骚扰的学校环境。通过相互尊重的讨论，此俱乐部的目的是教育和提高我们的学生的意识。我们的目标是增加我们对LGBTQ+话题的开放思想和关心，并为成员培育一个富有同情心和支持性的环境。这个俱乐部是一个安全的空间，对ISNS内所有支持这一使命的学生开放，无论他们是否是LGBTQ+的一员。

Instructor	负责老师	• Mary An Godkin • Sophie Zhu
Grade	适合年级	• G6-12
Time	上课时间	• Thursday 周四 • 11:45AM-12:15PM

Ceramics Club

陶艺俱乐部

During this ceramics club, students will learn the basics of working with ceramics. They will develop their own projects and mostly explore hand building techniques and decoration with glazes and underglazes. During the second semester the club will develop a small tile project to decorate the 5th floor wall next to our HS Principal's office. Consistency in attendance it's important for this club since clay has a specific drying time that cannot be controlled. This club will run during the whole year.

在这个陶艺俱乐部，学生将学习陶艺的基础知识。他们将开发自己的项目，主要探索手工建筑技术和釉以及釉下装饰。在第二学期，俱乐部将开发一个小瓷砖项目来装饰我们校长办公室旁边的五楼墙壁。对于这个俱乐部来说，稳定的出勤率是很重要的，因为粘土有一个特定的，枯燥的，时间是无法控制的。这个俱乐部是一个学年制的社团。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Marjorie Hernandez • Izell Pretorius
Grade	适合年级	• G9-12
Time	上课时间	• Thursday 周四 • 3:30-4:30PM

Tai Hua Chinese Magazine

苔花中文杂志社

Students learn to edit, design and publish their own work. The magazine is open to submissions from throughout all MYP/DP students and encourages students to practice writing.

学生将学习编辑、设计和出版他们自己的作品。这个杂志将接受来自所有MYP/DP的学生的作品并鼓励学生练习写作。

*Yearly Club.

*一学年制俱乐部

Instructor	负责老师	• Gia Chen • Ivanna Feng • Joyce Zhao
Grade	适合年级	• G6-12
Time	上课时间	• Friday 周五 • 11:45AM-12:15PM

Math Magic 魔法数学

This year's Math club will follow a two-week rotation: Week 1 is dedicated to helping students from standard Math classes with classwork, homework, assignments and related topics, while Week 2 is open to anyone interested in exploring advanced math topics beyond what is covered in regular math classes. No sign-up required—feel free to drop-in whenever you need help or want to learn something new!

今年的数学俱乐部将遵循两周的轮换：第一周致力于帮助学生从标准数学课的课堂作业，家庭作业，作业和相关主题，而第二周是开放给任何有兴趣探索超越在普通数学课上涵盖的高级数学主题的人。不需要报名-当你需要帮助或想要学习新东西时，随时来参加！

* No sign-up required. Walk in anytime.

*无需报名。随时参加。

Instructor	负责老师	• Meng Qi
Grade	适合年级	• G9-12
Time	上课时间	• Friday 周五 • 3:30-4:30PM

Photo Club

摄影俱乐部

Photography club explores digital, film and darkroom techniques as well as basic camera technique (composition, Aperture, shutter speed, ISO and depth of field).

摄影俱乐部将带学生探索数码、胶片 and 暗房技术以及基本的摄影技术(构图、光圈、快门速度、ISO和景深)。

***Yearly Club.**

***一学年制俱乐部**

Instructor	负责老师	• Gloria Carnevale • Alyson Daigneault
Grade	适合年级	• G9-12
Time	上课时间	• Friday 周五 • 3:30-4:30PM